

VALUE ADDED PROGRAM

Outbound Training

Title	Outbound Training
Department	Department of Management Studies – GPE Students – 2023-25 Batch
Date	2 rd & 3 rd May' 2024
Time	Duration – 2 days
Speaker	Mr.Ajith Selavaraju
Name	N'kisi Institute of Training, Bangalore
Brief	The Outbound Training for the Batch 2023-25 was organized on 2 nd & 3 rd May' 2024 at
Description	Triquetra (Aqua Escape), Kannamangala, Chamanahalli, Karnataka. The training was organized
	for the I Year MBA students. The Trainers were Mr. Ajith Selvaraju, Mr. Mahesh & Mr.
	Srinivas. The Outbound Training is a technique used to enhance the efficiency of students
	through Experiential Learning. In other words, taking the group of students away from the
	actual work environment into the outdoors and are assigned some challenging task or activity
	that needs to be completed by them within a given time frame.
	KEY TAKEAWAYS
	Helps in improving the teamwork abilities.
	Leadership qualities get enhanced
	Help in resolving intragroup or personal conflicts
	Nourishes the interpersonal skills
	Nurtures the personal and intragroup relations
	Improves the Communication Skills
	Better partnerships and alliances
	EXPECTED OUTCOME
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After spending time in an outdoor situation, students tend to bond together in a way that is impossible in the class room atmosphere with its attendant worries and stress. Additionally, in unfamiliar environments and unpredictable situations, stretched beyond their normal comfort zones, people tend to lose their inhibitions, shed their masks, and become more receptive to



learning. In the environment thus created, it becomes possible for an experienced facilitator to identify strengths and problem areas, and suggest new coping behaviour.

Images

ORIENTATION SESSION









