

## VALUE ADDED PROGRAM

### Outbound Experiential Learning & Training

<b>Title</b>	<b>Outbound Experiential Learning &amp; Training</b>
<b>Department</b>	Department of Management Studies – GPE Students – 2024-26 Batch
<b>Date</b>	19 <sup>th</sup> & 20 <sup>th</sup> February' 2025
<b>Time</b>	Duration – 2 days
<b>Speaker Name</b>	Mr. Ajith Selavaraju, Mr. Aram Rajhakumar and Mr. Ramana N'kisi Institute of Training, Bangalore
<b>Brief Description</b>	<p><b>OUTBOUND TRAINING</b></p> <p>The Outbound Training for the Batch 2024-26 was organized on the 19th &amp; 20th of February 2025 at Avaniya Adventure Resorts, Haralakunte, Karnataka. The training was organized for the I-Year MBA students. The Trainers were Mr. Ajith Selvaraju, Founder &amp; CEO of N'kisi Institute. Mr. Aram Rajhakumar, Founder &amp; Chief Coach, Happy Aram Life Mastery Academy Pvt. Ltd and Mr. Ramana, Hive Academia for Holistic Living, Corporate Leadership Trainer. The <b>Outbound Training</b> is a technique used to enhance the efficiency of students through <b>Experiential Learning</b>.</p> <p>In other words, they take the group of students away from the actual work environment, take them outdoors, and assign them a challenging task or activity that needs to be completed within a given time frame.</p> <p>Key takeaways from outbound training for students:</p> <ol style="list-style-type: none"><li>1. <b>Teamwork &amp; Collaboration</b> – Activities promote bonding and teach students the importance of working together toward a common goal.</li><li>2. <b>Leadership Skills</b>—Students have opportunities to lead, make decisions, and take responsibility in a practical setting.</li><li>3. <b>Problem-Solving &amp; Critical Thinking</b> – Challenges encourage creative thinking and decision-making under pressure.</li><li>4. <b>Communication Skills</b> – Exercises improve verbal and non-verbal communication, active listening, and clarity in expression.</li><li>5. <b>Adaptability &amp; Resilience</b> – Exposure to new environments and tasks builds confidence and the ability to handle uncertainty.</li></ol>

	<div>6. <b>Time Management &amp; Discipline</b> – Activities often require students to plan and execute tasks within a given timeframe.</div> <div>7. <b>Self-Awareness &amp; Confidence</b> – Through experiential learning, students discover their strengths, weaknesses, and hidden potential.</div> <div>8. <b>Handling Pressure &amp; Stress</b> – Outdoor challenges teach students to stay calm and focused in high-pressure situations.</div> <div>9. <b>Social &amp; Emotional Intelligence</b> – Interacting with peers in a new setting enhances empathy, cooperation, and conflict resolution skills.</div> <div>10. <b>Fun &amp; Experiential Learning</b>—Outbound training's hands-on nature ensures that learning is engaging, memorable, and enjoyable.</div> <div>EXPECTED OUTCOME</div> <div>The Outbound Training Program fosters strong interpersonal bonds among students in a way that is often unattainable within the confines of a traditional classroom setting, where stress and academic pressures dominate. Immersed in unfamiliar environments and faced with unpredictable challenges, participants are encouraged to step beyond their comfort zones. This leads to a natural shedding of inhibitions and a heightened openness to learning. This dynamic atmosphere allows an experienced facilitator to observe individual strengths and areas for improvement, ultimately guiding students toward adopting new coping strategies and personal growth.</div>
Images	ORIENTATION SESSION



















